

LifeConnect: The Covenant Living Approach to Personalized Care

There are many things that set Covenant Living communities apart from everyone else, one being our LifeConnect Partnership. LifeConnect helps you recognize and embrace your individuality and needs when it comes to optimizing personal health and vitality. We are here to help you take control of your assisted living journey.

Understanding What Comes with our LifeConnect Partnership:

You or your loved one will be given:

- The opportunity to explore new interests and hobbies.
- An assessment of your interests and needs, followed by a customized plan for your time at Covenant Living.
- Resources such as activities and programs will be available to you.



The Interview

If you decide to join one of our communities, the next step is sitting down with a team member for an interview. During this process, we simply are looking to learn more about you. By the end of the interview, we will be able to determine what personalized care services you may need along with some hobbies that may pique your interest. It is our goal to optimize your personal health in a variety of ways while at Covenant Living.

Enhancing Your Wellness in Seven Ways

- **Spiritual Wellness:** Strengthening your relationship with your beliefs.
- **Intellectual Wellness:** Helping you keep an active mind.
- **Emotional Wellness:** Engagement with personal emotions.
- **Vocational Wellness:** Exploration of personal pursuits and interests.
- **Relational Wellness:** Experiencing a sense of community.
- **Environmental Wellness:** A sense of safety and comfort.
- **Physical Wellness:** A balance of light daily movement, rest, nutrition and hygiene.

LifeConnect could be just what you need in this next chapter of your or your loved one's life. We are here to help you embrace your individuality and independence! We encourage you to learn more about Covenant Living's LifeConnect Partnership by contacting a local community today.

Please note that your journey in assisted living is also backed by a continuum of care, should your needs ever change.

Please select one of our locations by visiting www.covliving.org/locations to learn more about Assisted Living