

# Why Senior Living? 5 Reasons to Make the Move

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**1. Carefree Living.** Worry less while we take care of year-round lawn work and all necessary home maintenance. Our campus is designed from the ground up to ensure a safe and comfortable environment that minimizes the risk of hazards like serious falls. The availability of onsite transportation allows for easy access to leisure shopping trips or medical appointments. A variety of dining venues encourages you or your loved one to eat with friends and alleviates the need to cook.



**2. Socialization.** Staying engaged is especially important for older adults to maintain social skills, be active, reduce anxiety and prevent depression. Residents can join clubs, volunteer for important causes, participate in fitness classes and daily activities that each provide engaging opportunities to build new relationships every day.

**3. Peace of Mind.** When families bring their loved ones to a senior living community, they begin a new chapter of their lives, one where worry doesn't creep in at the back of the mind. It's a relief for the resident, too: they no longer have to worry about the unknown. Responsibilities are taken on by the community to ensure the safety, health and wellness of their resident, so you can rest easy knowing they're in good hands.

**4. Needs Catered to.** Our senior living residences are designed to foster independence, and the services we provide cater to residents' needs as they age. Whether your loved one needs a helping hand with some aspects of their daily life, or if they require the more comprehensive, round-the-clock care provided by our skilled nursing staff, you can be sure they'll be served with compassion and dedication.

**5. Daily Assistance.** Depending on a resident's needs, caregivers and nurses can provide assistance with many daily living activities, such as bathing, dressing, and with nutrition in order for an individual to function as independently as possible. When the basics are taken care of, your loved one can enjoy the fullness of life.